

How self-leaders are perceived on the Big Five

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ABSTRACT

The present study elucidates how self-leaders are perceived by others by investigating which traits are ascribed to them. Participants (student dyad sample, $N = 186$) provided self-ratings on self-leadership and peer-ratings on the Big Five after working together on a cooperative task. Self-rated self-leadership was associated with other-rated Big Five traits to investigate how self-leaders are described by others. Results indicated that self-leaders were mostly described with agentic traits (extraversion, openness) and that this was primarily driven by natural reward strategies. Natural reward strategies play a crucial role in self-leadership perceptions which is an important finding for future self-leadership studies.

Keywords

Self-leadership – Big Five